

Douglas C. Allen, M.D.

Board-Certified Orthopaedic Surgeon Fellowship-Trained in Sports Medicine

Dr. Douglas Allen, a native of New Mexico, is an orthopaedic surgeon with a special interest in sports medicine. He believes that he should work in unison with his patients to ensure the proper approach to any condition. Dr. Allen maintains that education and empowerment is important to the health and well-being of all his patients and their overall rehabilitation efforts.

Prior to joining the team at New Mexico Orthopaedics in 2006, Dr. Allen was a practicing mechanical engineer. He considers orthopedic sports medicine to be the perfect blending of his interests in anatomy, sports and helping others, as well as the ideal hands-on outlet for his skills.

Growing up the son of a small business owner has had profound influence over his personal and professional philosophies as evidenced by his dedication to his patients and his community. Customer service and patient care are synonymous in Dr. Allen's practice.

Dr. Allen is proud to have served his country for five years in the United States Navy. He is also on the faculty of the [New Mexico Orthopaedics Arthroscopy and Sports Medicine Fellowship](#).

In his spare time Dr. Allen participates in many outdoor sports, including biking, skiing and hiking. He also shares his time and love of sports by coaching his children in a variety of athletic activities.



Undergraduate Degree

Duke University—Durham, NC

Medical School

University of New Mexico School of Medicine—Albuquerque, NM

Internship

Case Western Reserve—Cleveland, OH

Residency

Case Western Reserve—Cleveland, OH

Fellowship

Duke University—Durham, NC

Military Service

United States Navy

Hospital Affiliations

New Mexico Orthopaedic Surgery Center
Presbyterian Hospital

Professional Affiliations

American Academy of Orthopaedic Surgeons
American Board of Orthopaedic Surgery
Greater Albuquerque Medical Association

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